

Bare Bones

UVA ORTHOPAEDICS

A Message from the Chairman



A. Bobby Chhabra, MD

Dear UVA Orthopaedic Alumni:

This past year has been a very busy time for the Department of Orthopaedic Surgery at the University of Virginia. I am thrilled to share with you so many great accomplishments by members of our Department in this newsletter. We have continued to grow in faculty numbers adding 2 new spine faculty this summer. Our clinical spotlight in this issue is the Foot and Ankle Division which has experienced tremendous growth. We now have 26 clinical faculty and 15 physician assistants. This talented group of providers has responded to my challenge to continue their innovative treatment of patients while improving patient access and being cost conscious so that we are recognized as a leading program in Orthopaedic clinical care across the country. I am proud to report that we were selected once again as one of the top performing Orthopaedic programs by US News and World Report and recently were recognized as one of the top 125 hospitals and health systems with great Orthopaedic programs by Becker's Hospital Review.

Continued on page 2

Inside This Issue

A Message from the Chairman	1
Alumni Updates: Anikar Chhabra, MD and Joseph Moskal, MD	3
Upcoming Events	3
Balian Retirement Celebration	4
Griffin and Browne Receive Awards	4
Browne & Brockmeier Traveling Fellowships	5
Carson — John Jay College Keynote	6
Dr. Miller Named to Another Notable List	6
UVA Orthopaedics Physicians Selected for 2014 "Top Doctors"	7
First-Year Residents	7
New Fellows	8
New Appointments to Departmental Leadership Positions	9
Tongkang Institute Exchange Program	9
Clinical Spotlight: Foot & Ankle Division	10
Inaugural Employee of the Quarter Award	12
New and Improved Website: www.uvaortho.com	12

A Message from the Chairman *(continued)*

Our educational model has continued to change dramatically. I am proud to report that our residency program and all fellowships have adjusted their curriculum to meet all the ACGME milestones for training. In addition our Orthopaedic Surgical Simulation Laboratory and the Fresh Tissue Cadaver Training Laboratory for residents and fellows will open in January 2015. These two new laboratories will provide opportunities to enhance our resident/fellow training while focusing on patient safety.

Dr. Gary Balian retired after 35 years as the leader of our Orthopaedic Research Laboratory. Over this past year we have expanded our research enterprise and infrastructure by hiring 3 new research faculty. Dr. George Christ is our Director of Orthopaedic Basic Science and Translational Research, Dr. Joseph Hart, our Director of Clinical Trials Research, and Dr. Shawn Russell, our Director of Gait and Human Performance Research. As we expand our research program I am confident that we will soon be recognized as one of the best Musculoskeletal Research programs in the country.

This addition of the Bare Bones Newsletter has some very exciting information. Please read about the updates on two very special alumni, traveling fellowships awarded to 2 of our faculty, an incredible recognition for Dr. Eric Carson,

recognition of several of our faculty for their exceptional clinical care: an introduction to our new interns and fellows, an exciting international collaboration being led by Dr. Cui, information on our new and improved website, and information on our upcoming AAOS UVA Orthopaedic Alumni reception and UVA Orthopaedic Alumni meeting.

Finally, I am humbled to be given the opportunity to continue to lead our Orthopaedic Surgery Department. I am thankful for the great faculty, residents, fellows, physician assistants, and staff that I get to work with every day. I am grateful to our loyal alumni who continue to support the department in so many ways including our educational and research endowments. I look forward to seeing you at our upcoming spring events. Thank you again for your unwavering support of our department and I hope our paths cross soon.

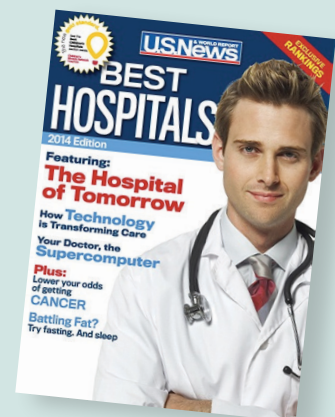
With warmest regards,



A. Bobby Chhabra, MD

U. S. News & World Report Bestows High-Performing Designation to UVA Department of Orthopaedic Surgery

For the second year in a row, our team has earned the designation of "High Performing" by *U.S. News & World Report* in its recent list of "Best Hospitals." which puts our department in the top 25 percent of all orthopaedic surgery programs in the country. *U.S. News* bases its Best Hospitals guide on several factors, including patient outcomes, patient safety, staffing levels, the use of technology, availability of certain patient services and recognitions by certain third-party groups. Thank you all for your support!



Alumni Updates



Anikar Chhabra, MD, MS

Alumnus Anikar Chhabra, MD, MS, completed his bachelor's degree at Harvard University and then went on to the University of Virginia for his medical degree and residency. He graduated from UVA's Orthopaedic Residency Program in 2004. During his residency, he also received his master's degree in Surgical Science. He subsequently completed his

fellowship in Orthopaedic Sports Medicine and Arthroscopy at the University of Pittsburgh. He is in practice with The Orthopedic Clinic Association (TOCA) in Phoenix. Dr. Chhabra has been the head team orthopedic surgeon for Arizona State University since 2008. Additionally, he is the lead orthopedic consultant for the Major League Baseball Umpires, South Mountain College, Paradise Valley College and 15 local high schools. In 2013, he was named the Medical Director for the Buffalo Wild Wings Bowl and the Fiesta Bowl.

Dr. Chhabra is the sports medicine director for the Banner Good Samaritan Orthopedic Residency Program and the fellowship director for the TOCA/Banner Good Samaritan Orthopedic Sports Medicine Fellowship. Additionally, he holds academic positions at several institutions including Mayo Clinic Arizona, Arizona State University and Midwestern University. Recent accomplishments include being voted as one of *PHOENIX* magazine's Top Doctors, elected as the Arizona representative for the AOSSM Council of Delegates and winning the Banner Good Samaritan Orthopedic Residency "Teacher of the Year." Dr. Chhabra has 33 peer-reviewed publications and has been an invited speaker at over 35 national conferences, in addition to being on the faculty of 31 national courses and giving over 50 local lectures. Dr. Chhabra regularly returns to UVA to give Grand Rounds to our current residents, fellows and medical students. He and his wife, Lopa, have two children, Deven, who is seven, and Sophie, who is three.



Joseph Moskal, MD

Alumnus Joseph Moskal, MD, was recently honored by the Virginia Orthopaedic Society with the 2014 Lifetime Achievement Award. Dr. Moskal was a resident at UVA in Orthopaedic Surgery from 1982 to 1986. After residency, he completed a fellowship at the Cleveland Clinic Foundation in Adult Reconstruction and Total Joint Replacement,

followed by a fellowship in Orthopaedic Traumatology at the Maryland Institute for Emergency Medical Services. In 1988, he joined the staff of Carilion Roanoke Memorial Hospital. In addition to his private practice, he has also served as an associate clinical professor in UVA Health System, helping to educate our residents since 1988. Dr. Moskal has returned to UVA to give lectures over 75 times during his career. UVA's orthopaedic residents have had rotations in Roanoke, Va., with the Carilion faculty for many years and have acquired vast knowledge from Dr. Moskal and his group. In addition to his continued affiliation with UVA, he was recently appointed chair of the newly created Department of Orthopaedic Surgery at both Virginia Tech and the Carilion School of Medicine and Research Institute — a position he also holds at the Department of Orthopaedic Surgery at Carilion Clinic.

Dr. Moskal and his wife, Pamela, live in Roanoke and have one daughter and three sons. He has been recognized for his exceptional educational and clinical ability with numerous awards. He is highly prolific, having published over 65 articles and given over 1,100 invited lectures and research presentations. Dr. Moskal's commitment to resident education over several decades is truly inspiring. Congratulations Dr. Moskal! We are proud to have you and the Carilion Clinic Orthopaedics team as part of our UVA Orthopaedic Residency Program and hope to enhance collaboration in education between our institutions in the future.

Upcoming Events

Please join us for the **Annual UVA Alumni Reception** at the American Academy of Orthopaedic Surgeons Annual Meeting in **Las Vegas, NV**. The reception will be held on **Thursday, March 26, 2015** from 6:30 - 9:00 pm at the Paris Las Vegas Hotel (3655 Las Vegas Blvd. South) in Champagne 1 Room.

Come back to Charlottesville! The **UVA Orthopaedic Alumni Weekend** will be held on **April 17-18, 2015**. For more information, please visit www.cmevillage.com, click on "Conference and Symposia", and look for "2015 Orthopaedic Alumni Meeting."



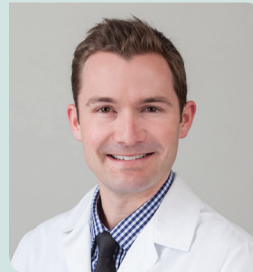


A Celebration of the Career of Retired Research Director Gary Balian, PhD

On March 6, 2014, faculty, staff and distinguished guests gathered at the Colonnade Club for a reception and dinner hosted by department chair **Bobby Chhabra, MD**, to celebrate the career of **Gary Balian, PhD**, who recently retired as Director of Orthopaedic Research at the University of Virginia after 35 years of service.

Dr. Balian came to UVA in 1979 as an associate professor of orthopaedics and biochemistry. He was promoted to professor in 1985 and was awarded the Mary Muilenburg Stamp Endowed Chair in Orthopaedics. During his illustrious career, he has produced 116 publications and 144 abstracts, received funding from NIH, DOD and numerous other sponsors and participated in over 40 study sections for those agencies. He has held editorial responsibilities with prestigious journals such as *The Journal of Bone & Joint Surgery* and was just recently appointed as the Editor-in-Chief of Connective Tissue Research. He also holds three patents and has presented his work at 40 national and international meetings. He has mentored 47 trainees, students and countless orthopaedic residents — including several current faculty members — and participated in over 25 dissertation defenses and final examination committees. He consistently taught graduate-level courses in biochemistry and participated in training programs in musculoskeletal tissue repair and regeneration, cell and molecular biology, biotechnology, biology and biophysics. We are sincerely grateful for Dr. Balian's guidance in maintaining the department's successful research enterprise through his prolific work.

Dr. Griffin Wins Humanism and Excellence in Teaching Award



Justin Griffin, MD

Resident Justin Griffin was recently selected to receive one of six 2014 Humanism and Excellence in Teaching Awards at UVA. This award is made possible by the Arnold P. Gold Foundation, which promotes humanism in medicine at medical schools and teaching hospitals across the country.

At UVA, the third-year medical students select award recipients on the basis of votes and comments as they finish their clinical clerkship year. Dr. Griffin was singled out for this honor by the Class of 2015. Congratulations, Dr. Griffin!

UVA's First Win of Knee Society John Insall Award



James Browne, MD

Please join us in congratulating James Browne, MD, Assistant Professor of Orthopaedic Surgery; Wendy Novicoff, PhD, Associate Professor of Public Health Sciences and Orthopaedic Surgery; and Michele D'Apuzzo, MD, UVA Orthopaedic resident until July 2013 — who went on to

complete a fellowship in Adult Reconstruction Surgery at the Hospital for Special Surgery in New York — on receiving the John Insall Award for “the best work on a Clinical Subject or Outcomes Report” from The Knee Society. Browne, Novicoff and D'Apuzzo's research paper, “Morbid Obesity Alone Affects TKA Complications, Mortality and Resource Utilization: A Matched-Control Study,” represents the first time that UVA has won this award. “This award was a huge honor for our research team,” says Browne. “Our success was all about collaboration and teamwork. I am thankful that we have the opportunities and resources here at UVA to pursue this sort of research.”



UVA Orthopaedics Goes Global!

Two faculty members receive prestigious traveling fellowships.

James Browne, MD, Assistant Professor in our Adult Reconstruction Division, was awarded the 2014 British Hip Society Traveling Fellowship. Dr. Browne traveled throughout the United Kingdom for four weeks in fall 2014 and was hosted by world-renowned experts in adult hip reconstruction. The program included scientific exchange, OR observations and close interaction with faculty, as well as social and cultural events.

Stephen Brockmeier, MD, recently returned from the AOSSM/ESSKA Traveling Fellowship, a three-and-a-half-week tour and academic exchange through Europe. Selected for this unique and prestigious fellowship along with three other traveling fellows, Dr. David Flanigan from Ohio State University, Dr. Frank Petrigliano from UCLA and “Godmother” Dr. Elizabeth Arendt from the University of Minnesota, the tour encompassed six stops in five European countries.

The AOSSM/ESSKA Traveling Fellowship was first established in the mid-1980s as a collaborative effort between sports medicine subspecialists in the U.S. and Europe to try and foster friendships and academic exchange. Every other year, three fellows are chosen from the U.S. to travel through Europe, hosted at each site by one of the senior members of the European Society for Sports Medicine, Knee Surgery & Arthroscopy (ESSKA). On the intervening years, three fellows from ESSKA travel in the U.S.; UVA has been a host site for these fellows twice in the past decade.

During his recently completed fellowship, Dr. Brockmeier first visited Lyon, France, a mecca for knee and shoulder surgery (as well as the center of the universe for fine cuisine and wine).



The next stops in Geneva, Switzerland, — highlighted by a ride along with the medical support team for a Swiss cycling team in competition in the Tour de Romandie — and Paris were phenomenal, both academically and culturally. Next, the group visited Milan, Italy, with hosts Dr. Pietro Randelli and ESSKA President Matteo Denti. The final tour stop was Oslo, Norway, where the group stayed at the Norwegian Olympic Training Center and was hosted by IOC Medical Director and former ESSKA President Lars Engebretsen. The trip finished at the biennial ESSKA Congress in Amsterdam, where Dr. Brockmeier and his co-fellows shared their experiences with the conference attendees.

“The experience from beginning to end was fantastic and truly a once-in-a-career opportunity,” says Dr. Brockmeier. “I’m grateful to AOSSM and ESSKA for the amazing opportunity, as well as to my partners at UVA for covering for me while I was gone for nearly a month.”



Dr. Eric Carson Speaks on Mentoring at John Jay College of Criminal Justice



Eric Carson, MD

Eric Carson, MD, was recently invited to be the keynote speaker at the 24th Annual Malcolm/King Scholarship Breakfast at John Jay College of Criminal Justice in New York. The honoree for the event was actor and director Charles

S. Dutton. Dr. Carson spoke about the importance of mentorship and his personal journey as a mentor. Proceeds from the event supported the scholarship, which was established in honor of Dr. Martin Luther King and Malcolm X. The award encourages graduate and undergraduate students majoring in criminal justice to pursue careers in the social sciences, engage in social activism, strive for academic excellence and to foster an awareness of the many social issues that affect the communities in which they live, work and attend school. As Martin Luther King Jr. once stated, "Life's most persistent and urgent question is, 'What are you doing for others?'"

We are very proud of Dr. Carson and his dedication to mentoring students, residents and fellows.

Here are a few examples of what some of Dr. Carson's trainees have said about his role in their lives:

"His sincere passion for his role as an educator illuminates the room when he teaches and he is a true advocate. He has inspired numerous trainees to pursue careers in academic medicine, and has touched the lives of many more."

"He possesses a natural ability to communicate constructive feedback to the residents in an effective manner. Like any great educator, he has high expectations for his trainees and students and knows exactly your level of understanding, and where he can push your knowledge. Dr. Carson embodies excellence in teaching through insightful deep mentorship and a high level understanding as a trusted advisor to residents, medical students and orthopaedic surgeons now in practice."

"Dr. Carson had a profound impact on my future career as a doctor. His passion for mentoring young students and imparting his knowledge of medicine is like no other doctor I have encountered. I feel truly lucky to have been given the opportunity of learning from Dr. Carson."

"His dignity, integrity, and commitment to excellence are intangible attributes that allow Dr. Carson to represent the University of Virginia and the field of orthopaedics in the most positive lights. I know Dr. Carson's sustained guidance and support will allow me to succeed in my future practice and also encourages me to follow suit and give back as a mentor and/or professor in the future. I have had the opportunity to interact with Dr. Carson on multiple occasions and during each of our encounters I am empowered to strive to be a better academician and person like he is. I want to thank him personally for his guidance and instruction, for I can honestly say that his mentorship has helped me to perform to the highest of levels and remain on track to enter the field of orthopaedics."

Dr. Miller Named to Another Notable List!

Mark D. Miller, MD, S. Ward Casscells Professor of Orthopaedic Surgery, has been named as one of the "Top 28 North American Sports Knee Surgeons" by Orthopaedics This Week. The publication notes, "He is a leader in education and has written many papers and book chapters on the knees. He has held numerous leadership roles in several national societies." In addition, he has run the well-attended Miller review course for the resident board exam for 20 years. Congratulations Dr. Miller!



Mark D. Miller, MD



7 Orthopaedic Faculty Members Included in List of America's Top Doctors

The Department of Orthopaedic Surgery had seven physicians honored in the 2014 Best Doctors in America® List by Best Doctors, Inc.

The list is based on a survey of more than 45,000 U.S. physicians who have been named to previous editions of Best Doctors in America. Participating doctors are asked, "If you or a loved one needed a doctor in your specialty, to whom would you refer?" The survey results are then reviewed by Best Doctors, Inc. before the final list is assembled.

"Being selected for this honor by experts from across the country is a reflection of the expert care our physicians provide collaboratively with clinicians from across the Health System," says **Richard P. Shannon, MD**, Executive Vice President for Health Affairs.

Our honorees are:

Mark Abel, MD

Charles J. Frankel Professor of Orthopaedic Surgery | Professor of Pediatrics | Vice Chair of Faculty Development | Division Director, Pediatric Orthopaedic Surgery | Scoliosis and Pediatric Orthopaedic Surgery

James Browne, MD

Assistant Professor of Orthopaedic Surgery | Director of Orthopaedic Quality | Hip and Knee Replacement | Adult Reconstruction Surgery

A. Bobby Chhabra, MD

Lillian T. Pratt Distinguished Professor of Orthopaedic Surgery Chair, Orthopaedic Surgery | Professor of Plastic Surgery Division Director, Hand and Upper Extremity Surgery

David Diduch, MD

Alfred R. Shands Jr. Professor of Orthopaedic Surgery Executive Vice Chair Orthopaedic Surgery | UVA Head Orthopaedic Team Physician | Sports Medicine

David Kahler, MD

Professor of Orthopaedic Surgery | Orthopaedic Trauma Surgery

Mark Miller, MD

S. Ward Casscells Professor of Orthopaedic Surgery Division Director, Sports Medicine

Mark Romness, MD

Associate Professor of Orthopaedic Surgery Pediatric Orthopaedic Surgery

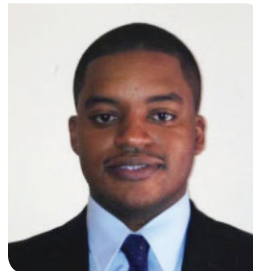
First-Year Residents



S. Evan Carstensen
Medical School:
Wake Forest University



Dan Hess
Medical School:
Michigan State University



Kevin Laroche
Medical School:
University of Rochester



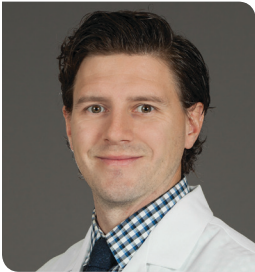
Hakan Pehlivan
Medical School:
University of Virginia



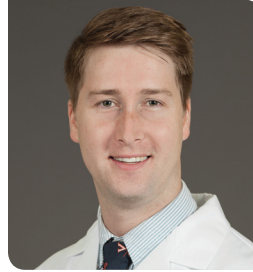
Roberto Valladares
Medical School:
Stanford University



New Fellows



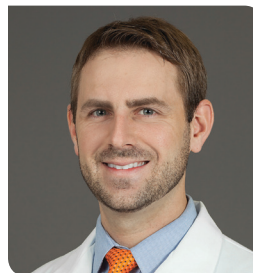
J. Taylor Jobe, MD
Orthopaedic Hand and Upper Extremity Fellowship
J. Taylor Jobe, MD, completed his orthopaedic residency at the University of New Mexico and his medical school training at Texas Tech University Health Sciences Center at El Paso.



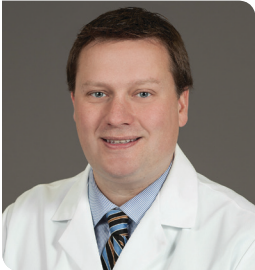
Evan Conte, MD
Sports Fellowship
Evan Conte, MD, completed his orthopaedic residency at Robert Wood Johnson Medical School – UMDNJ in New Jersey and graduated from Albert Einstein College of Medicine.



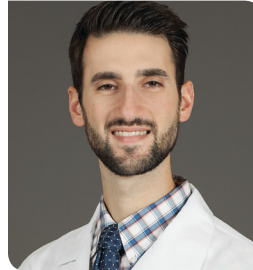
Matthew Higgins, MD
Adult Reconstruction Fellowship
Matthew Higgins, MD, completed his orthopaedic residency at the University of Tennessee and attended Loma Linda University for medical school.



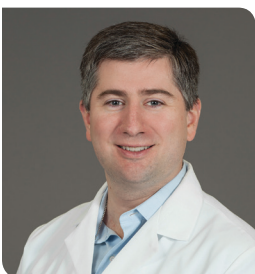
John Tanksley Jr., MD
Sports Fellowship
John Tanksley Jr., MD, completed his orthopaedic residency at Greenville Hospital System/University Medical Center in Greenville, S.C., and graduated from the University of Kansas School of Medicine.



Luke Luetkemeyer, MD
Adult Reconstruction Fellowship
Luke Luetkemeyer, MD, completed his orthopaedic residency at Grand Rapids Medical Education Partners/Michigan State University and graduated medical school at Southern Illinois University.



Scott Barbash, MD
Sports Fellowship
Scott Barbash, MD, completed his orthopaedic residency at Temple University Hospital in Philadelphia and graduated from Albert Einstein College of Medicine.



Chris Burks, MD
Spine Fellowship
Chris Burks, MD, completed his orthopaedic residency at Baylor College of Medicine and graduated from medical school at Tulane University School of Medicine in New Orleans.



R. Boyd Rawles, MD
Combined Hand (Orthopaedic/Plastic Surgery) Fellowship
R. Boyd Rawles, MD, completed his orthopaedic residency at the University of Virginia and his medical school training at Virginia Commonwealth University.





Changes to Department Leadership

Dr. Chhabra is pleased to announce changes to the leadership structure of the Department of Orthopaedics. His goal is to have more faculty engagement and input in the management and future direction of the department. Dr. Chhabra has appointed an executive council that will help achieve our goal and mission in the areas of exceptional patient care, education and innovative musculoskeletal research.

David Diduch, MD, was appointed Executive Vice Chair and Director of Clinical Operations.

Quanjun Cui, MD, was appointed Vice Chair for Orthopaedic Research.

Mark Abel, MD, was appointed Vice Chair for Faculty Development.

A. Rashard Dacus, MD, was appointed Director of Orthopaedic Education.

James Browne, MD, was appointed Director of Orthopaedic Quality.

Equally crucial to the success of this new department leadership group will be our long time department administrators, **CEO Michael Boblitz** and **CFO Mary-Leigh Thacker**.

Dr. Dacus, as Director of Orthopaedic Education, will oversee the Residency and Fellowship Programs with the assistance of newly appointed Assistant Residency Program Director **F. Winston Gwathmey, MD**, as well as Fellowship Directors **Adam Shimer, MD**, (Spine); **Thomas Brown, MD**, (Adult Reconstruction); **Stephen Brockmeier, MD**, (Sports); and **D. Nicole Deal, MD**, (Orthopaedic Hand).

We are very confident in the talents and expertise of these individuals and cannot wait to share our unfolding vision and strategic plan for the department. Stay tuned for more updates!

Faculty Promotions

We are proud of the accomplishments of our entire faculty and are thrilled to announce the promotions recently approved by the University's Board of Visitors. Due to his exemplary record of excellence in clinical care, education and research, **Quanjun Cui, MD**, has been promoted to the rank of Professor with tenure. **D. Nicole Deal, MD**; **Stephen Brockmeier, MD**; and **Adam Shimer, MD**, have each been promoted to the rank of Associate Professor. We look forward to helping their careers develop as they work toward tenure and ultimately the rank of professor. We are truly fortunate to have such talented and dedicated faculty.

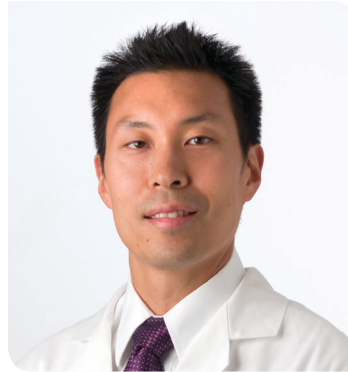
New International Collaboration

We are excited to announce a new agreement with the Tongkang Institute. Through their visiting scholar program, we are able to host two senior Chinese physicians for a term of one year to observe our clinical and educational programs as well as participate in our ongoing research projects. UVA's program is being led by **Quanjun Cui, MD**. The program also provides the opportunity for one of our faculty members to visit and observe in a Chinese hospital for one week each year. Our first visiting physicians arrived this year, and we look forward to formally building this and additional international collaborations.



Clinical Spotlight: Foot & Ankle Division

We are excited to bring you an update on our expanded Foot & Ankle Division. UVA is now one of a handful of academic institutions with three fellowship-trained orthopaedic foot and ankle surgeons on faculty. In addition, we have added two exceptional physician assistants to improve access and patient care. We are proud of the relationships we have developed throughout the medical community in the Commonwealth of Virginia and beyond.



Joseph Park, MD
*Assistant Professor of
Orthopaedic Surgery
Division Director
Foot & Ankle Surgery*

Our Foot & Ankle Division is led by **Joseph Park, MD**. Dr. Park received his undergraduate degree from the University of Pennsylvania (Magna Cum Laude) and his medical degree from the University of Virginia, where he was inducted into the Alpha Omega Alpha Honor Medical Society. He then completed his residency at the New York University Hospital for Joint Diseases and a fellowship in Foot and Ankle Surgery at Union Memorial Hospital in Baltimore. Dr. Park joined the UVA Department of Orthopaedics faculty in September of 2010 as an assistant professor and was quickly appointed Division Director of the Foot & Ankle Service. His clinical expertise includes treatment of sports-related injuries to the foot and ankle, complex reconstruction for posterior tibial tendon dysfunction, operative management of forefoot deformities, Achilles tendon reconstruction, ankle arthroplasty and hindfoot arthrodesis. Dr. Park is certified by the American Board of Orthopaedic Surgery, and is a member of the American Academy of Orthopaedic Surgeons (AAOS), American Orthopaedic Foot and Ankle Society (AOFAS) and Virginia Orthopaedic Society (VOS). He is the Foot and Ankle Surgical Consultant to both the University of Virginia and James Madison University Athletic Departments.

Outside of his work in orthopaedics, Dr. Park enjoys spending time with his wife, Ann Marie, and their three small children. He also enjoys tennis and soccer.



Venkat Perumal, MD
*Assistant Professor of
Orthopaedic Surgery
Foot and Ankle Surgery*

Venkat Perumal, MD, joined the UVA Foot and Ankle Division as an assistant professor in the Department of Orthopaedic Surgery in 2013. Dr. Perumal completed his fellowship training in Orthopaedic Foot and Ankle Surgery at the University of Virginia as well as additional training in trauma at the University of Louisville. His practice focuses on foot and ankle reconstruction. His expertise includes sports medicine, foot and ankle trauma, total ankle joint replacement, Charcot foot deformities, foot arthritis and various tendon problems. Dr. Perumal is a member of the American Orthopaedic Foot and Ankle Society (AOFAS and VOS).

Dr. Perumal and his wife Vanitha have two children. They enjoy camping, hiking and traveling as well as soccer and chess.



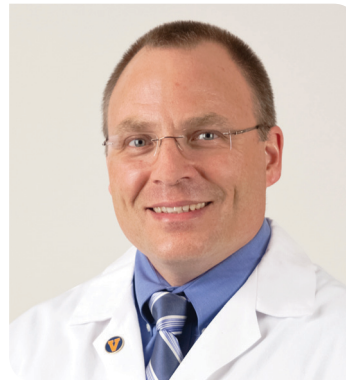
Clinical Spotlight: Foot & Ankle Division



M. Truitt Cooper, MD
*Assistant Professor of
Orthopaedic Surgery
Foot and Ankle Surgery*

The most recent addition to the Foot & Ankle team is **M. Truitt Cooper, MD**. Dr. Cooper obtained his BA in Chemistry at Washington and Lee University and his medical school training here at UVA. His residency was completed at Ohio State University and after finishing the Idaho Foot & Ankle Fellowship at St. Alphonsus Regional Medical Center, he joined a private practice in the Richmond, Va., area before joining the faculty at UVA in spring 2014. Dr. Cooper is certified by the American Board of Orthopaedic Surgery. His clinical expertise is in comprehensive foot and ankle care, including treatment of deformities, arthritic conditions, traumatic and sports-related injuries as well as total ankle replacement.

Dr. Cooper and his wife Carrie have three children, two girls and a boy, ranging from six months to six years old. His hobbies include anything outdoors, especially biking, running, tennis and golf.



James Shorten, MS, PA

James Shorten worked in sports medicine as a college athletic trainer for 16 years before changing careers and going back to school to earn his PA degree. He received his undergraduate and first master's degrees from Virginia Tech and his PA

degree from Methodist University in Fayetteville, N.C., in 2010. He joined the Foot & Ankle team at UVA in 2013.

He and his wife, Suzanne have been married 19 years and have three children; JT is 16, Brock is 14 and Nicholas is four. James enjoys spending time with his family, hiking and playing golf.



Andrea White, PA

Andrea White earned her undergraduate degrees from the University of New Mexico and then a master's degree from the University of Virginia. She worked for a number of years as an athletic trainer at the

collegiate and high school levels before attending physician assistant school in Colorado. Before returning to UVA, she worked as a PA in pediatrics and endocrinology. In her free time, she enjoys spending time with her husband, James, and their three children.



Debbie Handy Wins Inaugural Employee of the Quarter Award!

In order to recognize that every individual in our organization is essential to carry out our mission, Dr. Chhabra created an award to officially recognize staff for their dedication and contribution to the department and the university. Administrative Assistant Debbie Handy was awarded our very first Orthopaedic Surgery Employee of the Quarter award.

Debbie has worked in the department for 14 years. She works with our Foot & Ankle Division with Drs. Park, Perumal and Cooper as well as PAs Jim Shorten and Andrea White. She also provides administrative support to Dr. Gwathmey of the Sports Division. She works closely with her partner to support a total of seven physicians and three physician assistants in all, and her team ensures that all duties are completed in a timely manner. The providers that she supports are highly complimentary of her efforts.

Dr. Park writes, "She has done an amazing job taking care of the foot and ankle (and Dr. Gwathmey's) services, and has been a lifesaver in terms of helping transition the division. She is always courteous, friendly with patients, and detail oriented, and she keeps everyone on track."

"She and her partner coordinate well to keep everything going when someone is out, and my patients only have good things



to say about her," Dr. Perumal adds. "Having worked with her as a fellow and as an attending for a total of three years now, she has done an amazing job. I have never heard her say no to anything. She is a hard worker and keeps track of all of us. She coordinates well with her partner so that when she is out, her partner takes care of things that need to be done. She is an asset to the department, and should be recognized."

Dr. Gwathmey says, "Debbie is unbelievable. I could not have started my practice without her."

Dr. Chhabra recognized her for "embracing our recent restructuring, and helping to lead others by example. Thank you, Debbie!!"

New and Improved Website

Check out our new and improved website! It's easier to find at www.uvaortho.com and has been revamped to be informative for patients, faculty, medical students, residents, fellows and alumni too. You can find updates on the department, this alumni newsletter, upcoming educational opportunities, recent events and information on how to contribute to our ongoing educational and research fundraising initiatives. Check us out at www.uvaortho.com! Thanks to F. Winston Gwathmey Jr., MD, our talented sports surgeon and hip arthroscopist who also updated and manages our website.